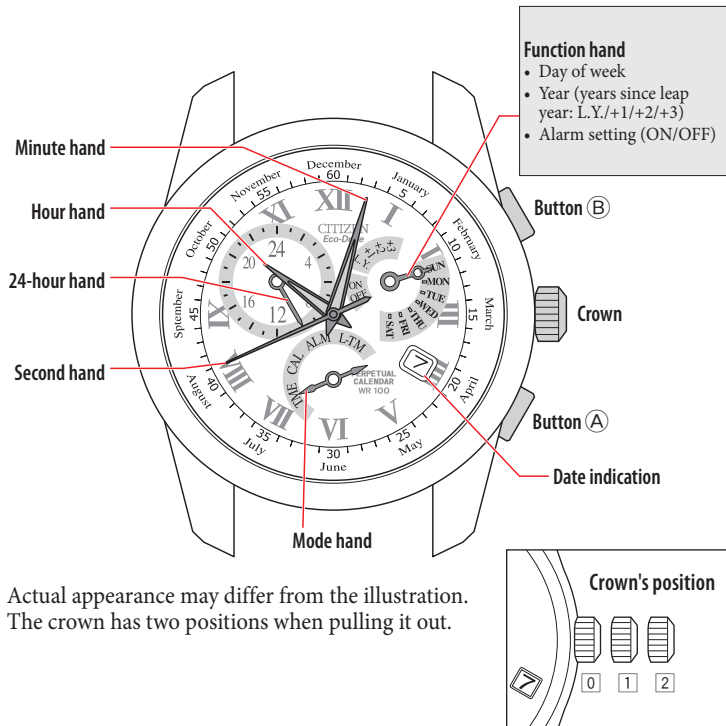


- This watch is solar-powered. Expose the dial to light and use it sufficiently charged.

Component identification



- Actual appearance may differ from the illustration.
- The crown has two positions when pulling it out.

Changing the mode

This watch features the four different modes as follows:

TME	The normal time is indicated.
CAL	The calendar is indicated. The second hand points the month and the function hand points day of week. <ul style="list-style-type: none"> The function hand points the years since leap year (L.Y./+1/+2/+3) while pressing the upper right button B. Refer to Setting the calendar to see further information about the years since leap year.
ALM	The alarm time is indicated.
L-TM	Local time is indicated. <ul style="list-style-type: none"> Date indication and day of week are those of [TME] even in this mode.

- Pull the crown out to position 1.**
The second hand points to 30 seconds and stops.
- Rotate the crown to change the mode.**
 - Turn the crown so that the mode hand will point to a marker of the mode indication securely.
- Push the crown in to position 0 to finish the procedure.**
Indication of the watch changes into that of the mode selected.
 - It may take some time to change indication.

Setting the time

Adjust the time of the mode [TME].

- The time of [L-TM] is automatically adjusted following the setting of time difference from the time of [TME].

- Change the mode to [TME] and pull the crown out to position 2.**
The second hand points to 0 second.
- Rotate the crown to set the time.**
 - The hour, minute and 24-hour hands move synchronously.
 - Check whether the time set is AM or PM with the 24-hour hand.
 - When you rotate the crown quickly, the hand will move continuously. To stop the rapid movement, rotate the crown in either direction.
- Push the crown in to position 0 in accordance with a reliable time source.**

Setting the calendar

Adjust the calendar of the mode [TME].

- Change the mode to [CAL] and pull the crown out to position 2.**
The second hand points the month and the function hand points the years since leap year.
- Press and release the upper right button B repeatedly to change the hand/indication to be corrected.**
 - Each time you press button B, the target changes as follows:
 - Year → month → date → day of week → (Back to the top)
- Rotate the crown to adjust the hand/indication.**
 - For year, set the years since leap year referring to the table below.

Year				Indication of the function hand	Years since leap year
2016	2020	2024	2028	L. Y.	0 (Leap year)
2017	2021	2025	2029	+1	1
2018	2022	2026	2030	+2	2
2019	2023	2027	2031	+3	3

- Date indication changes to the next as the function hand rotates 4 times.

- Repeat steps 2 and 3.**
- Push the crown in to position 0 to finish the procedure.**

Setting the local time

You can set time difference from the time of [TME] in 1-hour increments to indicate the local time.

- The time difference is adjustable within a range of ± 23 hours from the time of [TME].

- Change the mode to [L-TM] and pull the crown out to position 2.**
Local time is indicated.
- Rotate the crown to adjust the hour hand.**
 - The hour hand moves in 1-hour increments and the 24-hour hand moves synchronously with it.
 - When you rotate the crown quickly, the hand will move continuously. To stop the rapid movement, rotate the crown in either direction.
- Push the crown in to position 0 to finish the procedure.**



Checking the reference position

1. **Change the mode to [L-TM] and push the crown in to position 0.**
2. **Press and hold the upper right button (B) for 10 seconds or more.**

The hands and indication start to move to the current reference positions stored in memory. Release the button as they start moving.

3. **Check the reference positions.**

Correct reference positions:

- Hour, minute and second hands: 0 hour 00 minute 00 second
- 24-hour hand: "24"
- Date indication: "1"
- Function hand: "SUN"



When the current reference position is different from the correct one, proceed to step 3 of [Correcting the reference position](#).

4. **Press and release the upper right button (B) to finish the procedure.**

- It returns to local time indication automatically in about 2 minutes without pressing the button if you leave it without any operation.

Correcting the reference position

1. **Change the mode to [L-TM] and push the crown in to position 0.**

2. **Press and hold the upper right button (B) for 10 seconds or more.**

The hands and indication start to move to the current reference positions stored in memory. Release the button as they start moving.

3. **Pull the crown out to position 2.**

4. **Press and release the upper right button (B) repeatedly to change the hand/indication to be corrected.**

- Each time you press the button, the target changes as follows:
Second hand → hour/minute/24-hour hands → function hand/date indication → (back to the top)
- The hands slightly move when selected to show they become adjustable.

5. **Rotate the crown to adjust the hand/indication.**

- The hour, minute and 24-hour hands move synchronously.
- Date indication changes to the next as the function hand rotates 4 times. Set the function hand to "SUN" directly after the date indication becomes "1"
- When you rotate the crown quickly, the hands/indication will move continuously. To stop the rapid movement, rotate the crown in either direction.

6. **Repeat steps 4 and 5.**

7. **Push the crown in to position 0 to finish the procedure.**

Resetting the watch - All Reset

1. **Change the mode to [L-TM] and pull the crown out to position 2.**
2. **Press and release both the lower right button (A) and upper right button (B) at the same time.**

As you release the buttons, the alarm sounds and all reset is executed.

The setting values after All Reset	
Time of [TME]	0:00:00 AM
Time of [L-TM]	Time difference from [TME]: 0 hour
Calendar	January 1, Sunday of leap year
Alarm setting	"OFF"
Alarm time	0:00 AM

After All Reset

After All Reset, adjust the reference position and set the time and calendar and other settings.

